



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021-2022

School Name & Location Number:	Olympia Heights Elementary, #4091
Principal:	Victoria Bourland
Phone Number:	305-221-3821
School Wellness/Healthy School Team Leader:	Alain Alvarez
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	1. Stephania Marrero, Student 2. Victoria Bourland, Principal 3. Ariadna Valdes-Hernandez, Assistant Principal 4. Mayling Gonzalez, Cafeteria Manager 5. Lisette Villa, Parent 6. Eddie Barrios, School Nurse 7. Alain Alvarez, PE Teacher
Committee Meeting Dates:	09-08-21/Faculty meeting; 11-03-21/Faculty meeting; 12-01-21/Faculty meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition</p> <p>Promote accessibility of healthy snacks to all students and staff members Promote free breakfast and lunch programs available to all students</p> <p>Physical Education</p> <p>Use of pre and post Fitnessgram assessments to monitor ongoing progress</p>

	<p>Physical Activity Warm-up exercises through physical education classes</p> <p>Health and Nutrition Literacy Promote awareness of school breakfast and lunch options through morning and afternoon announcements</p> <p>Preventive Healthcare Schedule and conduct health screenings for students in collaboration with Nicklaus Children's Hospital Schedule health screenings for staff members in collaboration with the District's wellness program</p>
Community Engagement:	Increase Dade Partners' memberships
Monitoring and Evaluation:	Meeting sign in sheets
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Not Applicable